



2014 UBC OPEN



March 30, 2014

UBC Rashpal Dhillon Track and Field Oval

Meet Director: Derrick Johnston

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Technical Director: John Hawkins

Meet Organizer: Marek Jedrzejek

Events: 100m, 200m, 400m, 800m, 1500m, 3000m, 10000m, 3000mSC, 5000m RW, 100mH, 400mH, 4x100, LJ, HJ, SP, JAV, TJ (women only)

- *Race walk will combine men and women.*

Entries: Only online entries will be accepted.

www.directathletics.com

Entry fee: \$15 per event / \$25 for relays

Payment is to be made online when registering.

Entry deadline: 7pm March 26, 2014

Late fee - \$20 per event.

All athletes entering this meet must have a current BC Athletics membership, or equivalent, from another province or country.

Check-in Procedures:

All TRACK athletes are to check in at least **30min** prior to the start of their event at the check in table.

All FIELD athletes are to check in at their event **30min** prior to the start of their event.

Technical Notes:

Throwing Implements – Please note that personal throwing implements must be weighed at least 60min before event starts. This will be located in the equipment shed.

Women's LJ – Automatic qualifier into the final: **5.10m**. 8 athletes will advance. This will only apply, if we have more than 15 competitors.

Women's JV – Automatic qualifier into the final: **37.00m**. 8 athletes will advance. This will only apply, if we have more than 15 competitors.

Tentative Track Schedule:

12pm	Men's 400mH	2:35pm	Men's 200m
12:10pm	Women's 400mH	2:45pm	Women's 200m
12:20pm	Men's 400m	3:00pm	Men's 1500m
12:25pm	Women's 400m	3:10pm	Women's 1500m
12:40pm	Men's 100m	3:20pm	Women's 4x100m
12:50pm	Women's 100m	3:25pm	Men's 10,000m
1:05pm	Men's 800m	4:05pm	Women's 10,000m
1:10pm	Women's 800m		
1:20pm	Men's/Women's 5km RW		
1:50pm	Women's 3000m		
2:05pm	Women's 3km SC		
2:25pm	Women's 100mH		

Tentative Field Schedule:

12pm	Women's LJ		
12pm	Women's Jav	3pm	Women's HJ
1:30pm	Men's HJ	3pm	Women's TJ
1:30pm	Men's Jav	3pm	Men's/Women's SP
1:30pm	Men's LJ		